

Fairfield Healthcare Professionals Cardiothoracic Surgery 618 Pleasantville Road Ste. 202 Lancaster, Ohio 43130 Phone: (740) 681-9020

Pre-Operative Skin Prep Instructions

Items Needed:

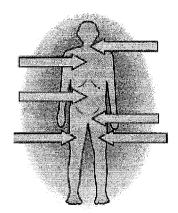
- Clean Towel and Washcloth (2 sets-one for night, one for morning)
- Antibacterial Soap (Example: Dial)
 - o No Frangrance, Lotion, or Moisturizers
- Chlorhexidine Gluconate Skin Wipes (provided; to be used **ONLY** in the morning)

Night Before Surgery:

- 1. Shower using Antibacterial Soap; use clean washcloth
- 2. Use Clean Towel to dry skin completely
- 3. Place towel and washcloth in hamper (do <u>NOT</u> reuse in morning)
- 4. Put on clean pajamas and/or clean sheets on your bed

Morning of Surgery:

- 1. Shower with Antibacterial Soap; use clean washcloth
- 2. Use Clean Towel to dry skin
- 3. Once skin is completely dry from shower, use wipes as instructed in the below image
 - Directions for 2% Chlorhexidine Gluconate Cloths (6 pack):
 - Wash each of the six indicated areas with a different cloth and avoid contact with your eyes, ears and mouth.
 - Using a scrubbing motion (up, down, back and forth) for approximately one minute and 30 seconds.
 - Allow areas to air dry for one minute.
 - Do not rinse.



- 4. Once skin is completely dry after using wipes, put on clean clothing
- 5. Do not use any deodorant, lotion or perfume/cologne